

New! from RaNae Merrill

Free-Motion MASTERY IN A MONTH

A BLOCK A DAY TO MACHINE QUILTING SUCCESS

*Learning Free-Motion Quilting is
as easy as 1-2-3!*

BREAK DOWN THE LEARNING PROCESS INTO ONE SKILL AT A TIME

1 - BREAK THE QUILT INTO INDIVIDUAL BLOCKS

Quilt one block at a time, then cut them up into shapes and join them for a finished quilt.

Working with a single block eliminates the bulk and weight of a large quilt. You don't need a special table for the sewing machine. And, there's no fear of ruining a whole quilt top.

2 - BREAK QUILTING DESIGNS INTO THEIR BASIC ELEMENTS

All quilting patterns are built from 6 Basic Shapes.

Learn to quilt six simple shapes, one at a time, then simply repeat and combine them to build any quilting design. (Turn this page over for the 6 Basic Shapes Doodle Sheet.)

3 - BREAK APART LEARNING PATTERNS FROM LEARNING SEWING MACHINE CONTROL

You don't need to be at a sewing machine to learn quilting patterns.

Learn patterns by tracing them *without* a sewing machine. Learn to control the sewing machine by outlining designs in a large-scale fabric *without* quilting a pattern.

PUT IT ALL TOGETHER WITH 3 SIMPLE DAILY EXERCISES

1 - TRACE IT

Trace the Doodle Sheets with the Master Trainer for 5 minutes, 3 times a day. Tracing lets you learn quilting designs *before* you get to the sewing machine. It develops the automatic muscle memory and eye-hand coordination you need for comfortable, confident quilting -- *without* struggling with a sewing machine. Use the sample trainer attached to get started.

2 - DRAW IT

Draw quilting designs in a sketchbook each day.

When you're tracing, your brain is in following mode. But when you draw, your brain is in the driver's seat, *leading* your hands to form a pattern. Do daily drawing exercises to learn the structure of a quilting design and plan how it will fit on your quilt.

3 - QUILT IT

Quilt one block a day.

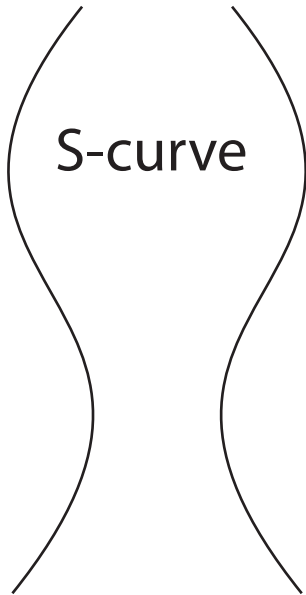
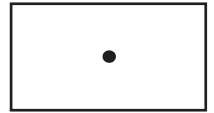
Muscle memory and brain learning come together as you practice quilting one of the Basic Shapes each day. Quilting one block is a doable daily goal. And when you finish all the blocks, it's *already* quilted!

**#fmm30quilts
#free_motion_mastery_in_a_month
#ranaemerrillquilts**

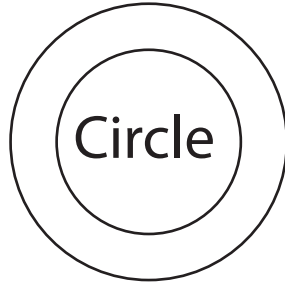
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For information about workshops, contact RaNae Merrill at info@ranaemerrillquilts.com.
Store owners, ask about FMM30 books, tools kits and workshops for your store.

The 6 Basic Shapes Doodle Sheet

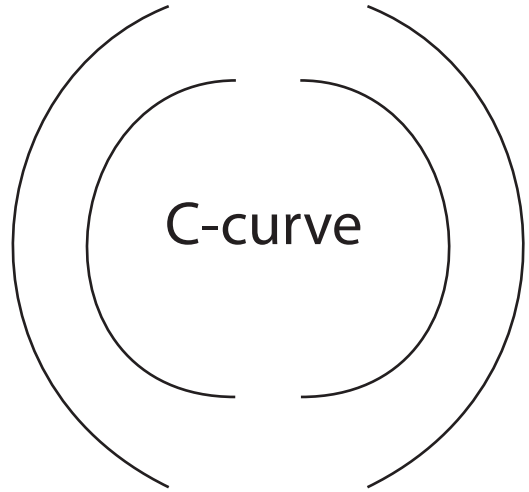
To make a simple Trainer tool, cut a 3" x 5" rectangle of stiff plastic and put a dot in the middle. Place your fingertips on either side of the dot and trace the dot along the lines of this Doodle Sheet. For a short video demonstration, search RaNae Merrill on YouTube and watch FMM30 #2.



S-curve

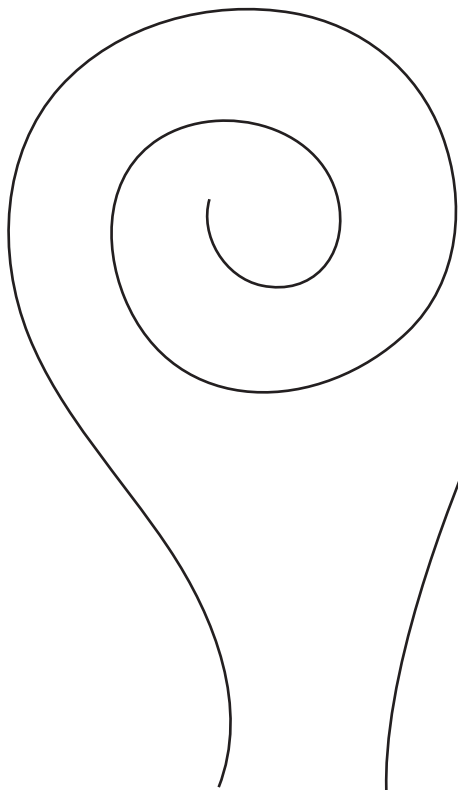


Circle

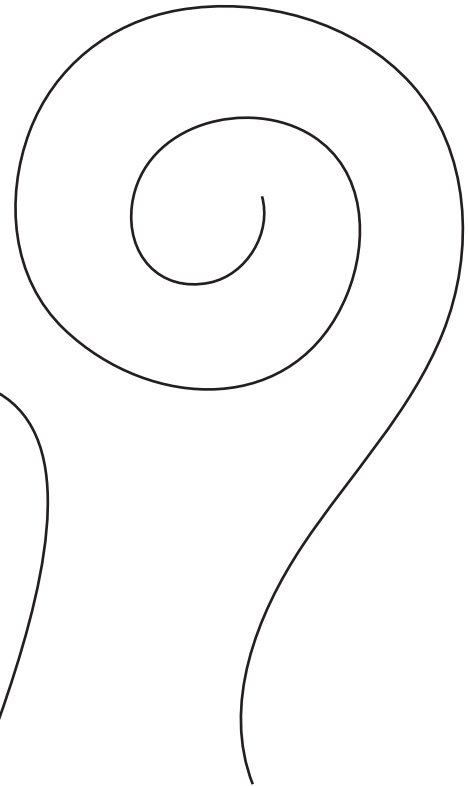


C-curve

Straight Line



Spiral



Teardrop

